

Trekker Peru Packing List

For Your Information...

- For the majority of the trip we will be sleeping on bunk beds either at the Lima YMCA.
- Keep in mind that it will be winter in Peru when we are there. Expect temperatures in the 60's.
- When campers are at CCO they will sleep at one of our campsites. The group will be in Peru for 2 weeks of this 3 week program and can leave things they would need at CCO but not in Peru at the Trail Department.
- All program fees, food, lodging, and transportation are included in the price of the trip. If campers wish to bring spending money for souvenirs they may do so.
- While traveling to Peru each camper will be allowed **ONE** suitcase or backpack, **ONE** carry-on (daypack), and their sleeping bag. The group will spend time repacking the appropriate items here at CCO before leaving for Peru.

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- Passport
- Small pouch for carrying passport and any money
- Sleeping Bag & Stuff Sack
- Swimming Suit
- Towel
- Small Flashlight or headlamp
- Sunblock & chapstick
- Toiletries (toothbrush/paste, etc.)
- Sunglasses with retainer strap
- 2 Water Bottles (32 oz. Nalgene bottles are best)
- Day Pack (school book size backpack)
- Rain Jacket
- 1 pair of comfortable tennis shoes or hiking shoes for everyday use
- 1 pair of sandals
- 1 fleece jacket
- 2-3 pairs of long pants (jeans)
- 2-3 pairs of shorts
- 5-6 t-shirts (no sleeveless, tube or tank tops)
- 3-4 long sleeve shirts
- 10-12 pairs of underwear
- 10 pairs of socks
- Winter hat (stocking cap works well)
- Pajamas



Optional items:

- Camera – highly encouraged. You are going to see some pretty amazing things!
- Mp3 player or iPod – this is the only camp program that will allow these items. To be used on the plane rides only.
- Journal**
- Book**
- Extra spending money for gifts, etc.
- Baseball hat

DO NOT BRING the following items:

- ✓ Drugs, alcohol or tobacco*
- ✓ Knives, guns or any other weapons
- ✓ Expensive items that are not required for the trip
- ✓ Cell phones – if brought to camp they will be kept in the office for the duration of the program and given back at the end of the program

*Possession, use, and/or sale of alcohol, tobacco and/or drugs will be cause for a camper to be sent home early, without refund, at the parent's expense.